

Sarna Becker 37:23 salmond  
 Sarah Gist 38:18 fallcity  
 Trisha Steidl 38:24 kent  
 Laura Gould 38:25 alpine  
**35-39**  
 Gwen Greiner 36:34 salmond  
 Susan Empey 37:21 kent  
 Danita Erickson 38:11 bankbay  
 Shelly Hack 39:47 salmond  
 Elizabeth Stahl 40:43 alpine  
**40-44**  
 Alysun Deckert 36:27 salmond  
 Alyssa Tower 37:37 dam run (OR)  
 Lisa Tylor 40:25 bankbay  
 Molly Hurd 42:42 tacoma  
 Susan Korol 42:50 fallcity  
**45-49**  
 Alyssa Tower 39:02 salmond  
 Rhonda Glass 41:10 alpine  
 Carla Darr 41:48 covey  
 Mary Holleman 42:15 alpine  
 Molly Hurd 42:45 kent  
**50-54**  
 Nancy Abraham 41:42 salmond  
 Deborah Noble-Perry 42:16 kent  
 Kerry Jones 46:22 smelt  
 Terri Stewart 46:59 bankbay  
 Vanessa Pearson 47:13 bankbay  
**55-59**  
 Susan Gehrke 48:46 tacoma  
 Donna Jackson 51:19 tacoma  
 Barbara Barnes 51:26 mercer  
 Lynne Werner 51:31 salmond  
 Mary McKay 52:29 smelt  
**60-64**  
 Phyllis Nelson 48:04 kent  
 Dorie Quam 48:21 mercer  
 Judy Fisher 48:21 roman  
 Vicki Griffiths 53:07 b-bay  
 Sandy Burr 55:03 salmond  
**65-69**  
 Ricki Vadset 50:40 kent  
 Sally Jerome 56:02 mercer  
 Judie Hill 57:28 tacoma  
 Jenny Kohls 59:04 fallcity  
 Josie Rowe 1:11:10 smelt  
**70 & Over**  
 Wilma Parker 59:48 mercer  
 Karen Murphy 1:02:41 swedish  
 Lillian Faker (84) 1:18:19 roman  
 Eloise Adair 1:18:22 roman  
 Anne Soffee 1:40:59 mercer

## HALF-MARATHON

Times From: Houston, Arizona, Austin, Vancouver First Half, Mercer Island, Snake River, Whidbey Island, Vancouver, Avenue of the Giants, Kirkland, Capital City, North Olympic Discovery, Grandma's, Scotiabank Vancouver, Seafair, Foot Traffic Flat, Super Jock'n'Jill, Skagit Flats, Humboldt, Royal Victoria, Bellingham Bay, Seattle, Tucson, City of Trees

### MALES

**19 & Under**  
 Aiden Irish 1:16:23 seattle  
 Taylor Wolfe 1:18:21 mercer  
 Colin O'Leary 1:19:21 seattle  
 Peter Miller 1:19:40 seattle  
 Alec Adams 1:19:44 seattle  
**20-24**  
 Mike Heidt 1:08:11 scotia  
 Mark Mandi 1:08:31 seafair  
 Mike Sayenko 1:08:48 SJJ  
 Leif Kohler 1:09:24 mercer  
 Kota Reichert 1:10:01 seattle  
**25-29**  
 Colin Fishwick 1:09:51 mercer  
 Angelo Baca 1:10:20 arizona  
 Eric Garner 1:10:58 k'land  
 Brett Winegar 1:11:07 k'land  
 Ben Mangrum 1:12:12 SJJ  
**30-34**  
 Ben Haber 1:10:19 mercer  
 Sean Sundwall 1:10:43 SJJ  
 James Oconnor 1:11:09 k'land  
 Patrick Dill 1:12:55 seattle

Chris Charles 1:13:14 mercer  
**35-39**  
 Uli Steidl 1:06:15 mercer  
 Michael Bresson 1:10:56 mercer  
 Matt Ruhl 1:13:13 ccity  
 Chris Tolonen 1:14:38 seattle  
 Wayne Bunce 1:16:13 snake  
**40-44**  
 Keefer Whan 1:13:14 SJJ  
 Paul Smith 1:14:42 ccity  
 Rick Wilhelm 1:16:34 SJJ  
 Kevin McGinnis 1:17:33 seafair  
 Lance Docken 1:17:40 seattle  
**45-49**  
 Tony Young 1:13:35 SJJ  
 Paul Abdalla 1:16:54 mercer  
 John Ohearn 1:17:15 mercer  
 Bob Brennand 1:18:26 ccity  
 D Whitespin 1:19:22 SJJ  
**50-54**  
 Doug Jacobson 1:18:40 snake  
 Mark Billett 1:20:47 seattle  
 Kent Sizer 1:21:51 skagit  
 Fred Motteler 1:23:54 SJJ  
 Pete Hansen 1:24:13 whidbey  
**55-59**  
 Larry Abraham 1:25:59 seafair  
 Alex Kim 1:26:43 SJJ  
 Doug Maclean 1:28:03 seattle  
 Bill Grether 1:28:19 b-bay  
 Bob Benedetti 1:28:45 seattle  
**60-64**  
 Jeff Corkill 1:27:06 seattle  
 Richard Decker 1:35:29 mercer  
 Frazer Mann 1:38:14 seattle  
 Randy Knox 1:40:43 avegiants  
 Arne Hales 1:41:43 mercer  
**65-69**  
 Brian Fitzpatrick 1:37:55 seattle  
 Larry Carroll 1:38:47 snake  
 Mike Donoghue 1:41:43 mercer  
 Mark Stocklager 1:45:18 tuscon  
 Jack Granahan 1:47:11 seattle  
**70 & Over**  
 Bill Iffrig 1:35:09 mercer  
 France Cokan 1:52:05 SJJ  
 Lionel Wilridge 1:56:30 mercer  
 Murray Andrews 1:58:17 avegiants  
 Dave Harrison 2:00:06 foot

### FEMALES

**19 & Under**  
 Simone Childs-Walker 1:26:54 seattle  
 Melissa Conlin 1:28:21 seattle  
 Stephanie Marcy 1:28:51 nod  
 Ashley Nichols 1:32:45 seattle  
 Ryan Torpie 1:36:08 whidbey  
**20-24**  
 Malika Mejdoub 1:20:01 SJJ  
 llau Ancas 1:20:53 SJJ  
 Mary Moriarty 1:23:53 seattle  
 Kristi Houk 1:25:32 SJJ  
 Nikki Gamble 1:26:50 seattle  
**25-29**  
 Lauren Matthews 1:20:54 scotia  
 Kelly Strong 1:23:36 seattle  
 Rose Wetzel 1:24:30 seafair  
 Liz Duncan 1:24:57 mercer  
 Haley Cooper 1:26:05 snake  
**30-34**  
 Caryn Heffernan 1:19:42 mercer  
 Erica Hill 1:20:16 mercer  
 Trisha Steidl 1:21:53 SJJ  
 Erika Daligcon 1:24:01 seafair  
 Amy Drury Esary 1:27:26 mercer  
**35-39**  
 Susan Empey 1:19:57 mercer  
 Gwen Greiner 1:20:35 scotia  
 Liz Wilson 1:21:43 SJJ  
 Linda Huyck 1:24:49 ccity  
 Sally Bergesen 1:25:09 SJJ&Sea  
**40-44**  
 Alysun Deckert 1:20:36 SJJ  
 Bon McReynolds 1:28:57 mercer  
 Gwen Scott 1:29:49 whidbey  
 Lisa Tylor 1:30:49 SJJ  
 Jac Van Allen 1:31:30 seafair  
**45-49**  
 Laurie Porter 1:23:29 foot traffic

Julie Stevens 1:29:43 SJJ  
 Mary Hanna 1:30:00 seattle  
 Rhonda Glass 1:31:28 seattle  
 Carla Darr 1:32:44 skagit  
**50-54**  
 Karen McDonald 1:29:43 SJJ  
 Nancy Abraham 1:34:18 ccity  
 Mary Steinberg 1:34:33 scotia  
 Kimberly Williams 1:39:13 arizona  
 Lesley Roberts 1:39:39 b-bay  
**55-59**  
 Phyllis Nelson 1:48:17 mercer  
 Lindy Carder 1:48:41 nod  
 Linda Carson 1:48:55 nod  
 Jo Ann Sittig 1:49:29 whidbey  
 Catherine Davis 1:50:05 seattle  
**60-64**  
 Judy Fisher 1:49:28 mercer  
 Jean Anderson 1:54:38 ccity  
 Piper Peterson 1:57:45 seafair  
 Vicki Griffiths 2:00:30 skagit  
 Cindy Rach 2:00:33 whidbey  
**65-69**  
 Isabelle Noiret 2:03:44 b-bay  
 Astrid Berg 2:11:05 seattle  
 Jean Moore 2:11:25 skagit  
 MaryAnn Bosky 2:17:06 ccity  
 Georgia Harper 2:18:23 seattle  
**70 & Over**  
 Pat Johnson 2:12:35 seattle  
 Wilma Parker 2:22:14 seafair  
 Carol Cressey 2:50:36 nod  
 Jill Andrews 3:23:34 royal vic  
 Anne O'Leary 3:28:30 nod

## MARATHON

Times From: Houston, Arizona, Austin, Valentine (Olympia), Yakima River Canyon, Boston, Whidbey Island, Wenatchee, Eugene, Wirefly National Marathon, Vancouver, Avenue of the Giants, Tacoma, Capital City, Newport, Coeur d'Alene, North Olympic Discovery, Grandma's, Seafair, Foot Traffic Flat, Chelan, Skagit Flats, Trishathon, Portland, Chicago, St. George, Twin Cities, Royal Victoria, Detroit, Marine Corps, Humboldt, Bellingham Bay, US Men's Olympic Trials, New York City, Tucson, Las Vegas, Seattle, City of Trees

### MALES

**19 & Under**  
 Kevin Thomson 2:55:30 seattle  
 Tyson Rickman 2:55:33 seattle  
 Tyler Brigham 3:01:46 skagit  
 Chip Jackson 3:13:30 seattle  
 Spencer Coates 3:20:11 seattle  
**20-24**  
 Mike Sayenko 2:18:35 trials  
 Mark Mandi 2:31:48 grand  
 James Parejko 2:41:46 seattle  
 Danny Hayman 2:46:01 nod  
 Evan Riggs 2:50:07 portland  
**25-29**  
 Colin Fishwick 2:25:53 eugene  
 Brett Winegar 2:29:12 seattle  
 Jesse Williams 2:29:48 boston  
 Ben Mangrum 2:31:14 eugene  
 Jesse Stevick 2:31:50 ccity  
**30-34**  
 Sean Sundwall 2:18:55 st. geo.  
 Destry Johnson 2:26:04 eugene  
 Ben Haber 2:30:15 eugene  
 Jesse Williams 2:33:10 seattle  
 Chris Charles 2:34:53 nyc  
**35-39**  
 Uli Steidl 2:19:45 duessel.  
 Michael Bresson 2:26:24 las vegas  
 Jeff Hashimoto 2:42:37 portland  
 Matt Simms 2:44:23 boston  
 Rainer Leuschke 2:47:40 seattle  
**40-44**  
 Tony Hawkes 2:38:52 ccity  
 Paul Smith 2:39:50 portland  
 Michael Lynes 2:40:01 tacoma  
 Phil Jaspersen 2:47:19 ccity  
 Kevin Prentiss 2:56:39 ccity  
**45-49**

Cliff Richards 2:46:22 yakima  
 Paul Abdalla 2:50:10 ccity  
 Pat Kenworthy 2:55:23 newport  
 Eugenio Vidales 2:56:30 portland  
 Daniel Gallant 2:56:44 seattle  
**50-54**  
 Rick Becker 2:43:34 yakima  
 Kent Sizer 2:58:00 boston  
 Doug Jacobson 2:58:40 nyc  
 Pete Hansen 3:02:11 b-bay  
 Mickey Allen 3:02:13 city trees  
**55-59**  
 Alan Zeuge 3:01:39 seattle  
 Leslie Sharpe 3:05:17 vancou ver  
 Larry Abraham 3:08:27 tacoma  
 Dan Menard 3:10:09 yakima  
 Philip Welch 3:11:35 boston  
**60-64**  
 Richard Decker 3:22:37 newport  
 Doug Arcus 3:33:20 h'ween  
 Greg Larson 3:34:37 seafair  
 David Jones 3:38:01 nod  
 David Longmuir 3:42:30 portland  
**65-69**  
 Larry Carroll 3:28:00 yakima  
 Phil Damon 3:43:14 eugene  
 John Bauer 3:45:52 seattle  
 Paul Hinen 3:46:59 yakima  
 Herb Allen 3:54:35 seafair  
**70 & Over**  
 Phil Damon 3:54:24 tuscon  
 Murray Andrews 4:15:48 victoria  
 Duane Higby 4:19:58 portland  
 Bart Haggin 4:24:45 portland  
 Keith Wood 4:25:49 seattle

### FEMALES

**19 & Under**  
 Shiloh Deitz 3:42:21 whidbey  
 Christi Bruce (15) 3:50:47 yakima  
 Kathryn Dunklee 4:03:53 seattle  
 Gabrielle Merz 4:09:18 nod  
 Lisa Grove 4:09:48 portland  
**20-24**  
 Kjerstein Bailey 2:56:18 naia  
 Marisa Ruhter 3:09:56 seattle  
 Katy Teats 3:12:28 eugene  
 Ali King 3:13:05 portland  
 Steph Forshaw 3:15:38 victoria  
**25-29**  
 Cara Payne 3:02:44 portland  
 Erin Delude 3:07:37 b-bay  
 Erin Moore 3:07:40 nyc  
 Savanna Dixon 3:13:15 arizona  
 Sara Hammes 3:13:49 eugene

**30-34**  
 Marlene Farrell 2:46:48 trisha thon  
 Erica Hill 2:48:19 eugene  
 Caryn Heffernan 2:51:33 boston  
 Trisha Steidl 2:53:17 trisha thon  
 Amy Esary 3:00:50 eugene  
**35-39**  
 Susan Empey 2:46:27 eugene  
 Laura Seims 2:57:00 las vegas  
 Sally Bergesen 2:59:21 portland  
 Monica Ochs 3:00:27 tuscon  
 Annie Thiessen 3:01:16 seattle  
**40-44**  
 Alysun Deckert 2:46:02 detroit  
 Ann Armstrong 3:05:47 tacoma  
 Mer Trohimovich 3:20:59 portland  
 R Jorenson 3:21:31 city trees  
 JacqVan Allen 3:23:43 ccity  
**45-49**  
 Laurie Porter 2:50:37 austin  
 Mary Hanna 3:04:26 yakima  
 Ann Armstrong 3:05:14 yakima  
 Jan Janke 3:14:18 boston  
 Mary Holleman 3:23:03 nyc  
**50-54**  
 Julie Groo 3:21:28 tacoma  
 Leslie Roberts 3:31:12 eugene  
 Leslie Brown 3:33:29 victoria  
 Barb Blumenthal 3:39:39 yakima  
 Gay Hunter 3:41:03 arizona  
**55-59**  
 Carol Finn 3:24:02 seafair  
 Ann Bell 3:35:03 city trees  
 Valerie Allison 3:48:51 tacoma  
 Susan Gehrke 3:54:41 boston  
 Fay Tong 3:54:46 seattle  
**60-64**  
 Mary Carmody 3:45:38 city trees  
 Gunhild Swanson 3:52:46 ccity  
 Pat Warner 4:04:25 tacoma  
 Judy Fisher 4:09:42 yakima  
 Piper Peterson 4:28:51 portland  
**65-69**  
 Robin Nye 4:51:10 seattle  
 Judith Bailey 4:52:32 seattle  
 Mary Ann Bosky 5:33:45 portland  
 Nancy Weaver 5:48:59 portland  
 Peggy Norris 6:05:12 nodm  
**70 & Over**  
 Sylvia Quinn 4:12:43 couer  
 Arlene Arneson 6:05:21 portland  
 Diana Anderson 6:35:13 portland  
 S Schrimshire 6:54:38 portland

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